BETHESDA Seventh day Adventist Church

Invites you to our

Majestic Worship

Pastor Rohan K. Spencer Lead Servant-Minister

HEALING - HOPE - HAPPINESS

SABBATHS @10:00 AM - STUDY
SABBATHS @11:30 AM - WORSHIP
SABBATHS @04:00 PM - YOUTH
WEDNESDAYS @7:00 PM - PRAYER

Nita Ditele-Bourgeois Lead Elder

76 Pai Amity

76 Parkway Avenue, Amityville, NY 11701







https://bethesdany.adventistchurch.org/

Rastoral Rage

PASTORAL COUNSELING OFFICE HOURS:

- Sundays @9:30 am 12:00 pm Church Ministries Consultation
- Wednesdays @5:30 pm 7:00 pm Pre-Marital & Marriage Counseling
- Thursdays @5:30 pm 7:00 pm Bible Studies & Individual Counseling

Click Link to schedule Zoom Session: (Waiting Room is Activated for Individual Privacy) <u>https://calendly.com/wordpowergr/30min</u>

<u>OUR STEWARDSHIP GOAL</u>: Every Believer blessed, prospering and returning a **faithful Tithe** of **10%** of gross income, contributing an additional **5%** in **Offering** in support local church mission and passionately servicing as ministry volunteers using their spiritual gifts & talents to impact individuals for Jesus Christ. Also, to support the **55th Anniversary** Capital Development Campaign of **\$55,000** each year for the next three years.

SERVICES & MINIS	INT I NOUNAMIS OF CHONCH.	
SATURDAYS		Format
Sabbath School	10:00 am – 11:15 am	Hybrid
Worship Service Experience	11:30 am – 01:30 pm	Hybrid
Adventist Youth Ministry	05:30 pm – 07:00 pm(summer)	In-Person
	0:400 pm – 06:00pm (winter)	
Adventurers Ministry (Ages 3-9)	02:00 pm – 03:30 pm	In-Person
SUNDA	AYS	
Pathfinders Ministry (Ages 10-15)	10:00 am – 01:00 pm	In-Person
WEDNES	DAYS	
Mid-Week Prayer & Praise Service	07:00 pm – 08:00 pm	Virtual
Fasting & Prayer	First Wednesdays	Remote

SERVICES & MINISTRY PROGRAMS OF CHURCH:

PREACHING CALENDAR

SABBATH WORSHIP SERVICE				
	06	Pastor Rohan K. Spencer	Prayer Ministry	
2	13	Dr. Hugh W. Carrington	Mothers' Day	
MAY	20	Adventurer Ministry	World Adventurers' Day	
r L	27	Children's Ministry	Children's Day	

Church Monthly Financial OSummary

January - December 2023

March 2023 Giving Summary Totals

Tithe: \$39,311.93

*Tithe received by the local congregation is sent on to the local conference, overseeing and administering mission in Connecticut, Maine, New Hampshire, New York, Rhode Island, and the Commonwealth of Massachusetts.

Offering: \$14,796.95

*Offerings remain at local church for ministry, expenses etc.

Church Monthly Budget Target (Annual Budget \$252k)	\$21,000.00
Received in March	\$14,796.95
Surplus/Shortfall for March	\$(6.203.05) shortfall to target budget
	<pre>** \$(8,374.41) total month shortfall per actual spend**</pre>

*School Mortgage totals \$8,746.59/mth addition to BSDA monthly financial commitments (mortgage maturity date: 10/2024; original loan amount: \$1,040,000)

*All Northeastern Conference Churches are to remit monthly to the Conference, two and a half percent (2.5%) from their monthly combined budget (local giving) for Education (voted by the NEC Executive Committee, effective July 1, 2022).

Capital Development Fund Campaign (update):

*Funds towards physical plant improvements/repairs

Annual Target (\$55,000)	\$55,000.00
Received to date (*YE 2023)	\$4,351.07
Percent (%) to target (**YE 2023)	7.9%

Ways to Give:

- Offering Plate
- Give Online: available at <u>https://adventistgiving.org</u>
- Adventist Giving App: For easy, secure giving.

Remember to label your tithe & offerings on the tithe envelope.

Sabbath School

May 13, 2023 @ 10:00am - 11:15am

Deacon Michael Clue
Sis. Tamieka Burke
<i>Philippians 4:19</i> Sis. Antaneika Earlington
Sis. Bennie Ruth Alves
"Blessings from God you Might take for Granted"
Elder Beverly Small
Sis. Tamieka Burke
Sis. Malva Nembhard
Sis. Bleaker Henry
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Personal Witnessing Highlights:

"Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age." **Matthew 28:19-20**

- 1. Be True to who God wants you to Be
- 2. Begin with a Genuine Concern for people's Well-being
- 3. Be Delighted to share your personal experience with Jesus
- 4. Begin Where People Are and take them to
- 5. Be of genuine Help to Someone

May 13, 2023 @ 11:30am - 1:30pm

"Enter His Gates with Thanksgiving and His Courts with Praise; Give Thanks to Him and Praise His Name." Psalm 100:4 Announcements...... Church Clerk Call to Worship & Invocation Elder Fritzroy Golding "Praise God from Whom All Blessings Flow" Pastoral Greetings...... Pastor Rohan K. Spencer Hymn of Praise Praise Team Praise Team Children's Story..... Musical Feast...... Congregation & Praise Team Spoken Word Dr. Hugh W. Carrington Closing Hymn Hymn 440: - "How Cheering is the Christian's Hope" Congregation & Praise Team Benediction Pastor Rohan K. Spencer

Thank You for Sharing in Worship



Personal Response to the Love of God

- I Desire Baptism through faith in Jesus Christ
- □ I Desire Bible Studies Leading to baptism.
- My Child/Children Desire/s Bible Studies leading to Baptism.
- I Desire Prayer & Bible Counseling to help me overcome Challenge/s for My Baptism





	Bethesda 76 Parkway Ave A		enth-day Advent	ist Ch	urch
			GOD FIRS	Т	
One-time dona	tion Recurring donation		I PROMIS	SE	
Tithe Personal Giving Plan recommends: 10%	0	0	To SET APART the first moments of each d commune with the Lord in PRAYER, throug Spirit of Prophecy and Sabbath School less and FAMILY WORSHIP.	gh the Bible,	
Tithe/Diezmo/Dîme	\$	0	To IMPROVE my RELATIONSHIPS: growing faithfulness, forgiveness and loving by prir		
Local Church		z	To ESTABLISH one new HEALTHY HABIT, t worship the Lord with my mind:	o better	
Personal Giving Plan recommends: 3-5	% 🕜	6	To OFFER one day (or evening) each week for God, spreading the good news to other Bible Studies, small groups, etc. (TMI).		
COMBINED BUDGET	\$		To KEEP the SABBATH , preparing for it acc Friday, keeping its limits, right thoughts an		
SABBATH SCHOOL EXPENSE	\$		To FAITHFULLY RETURN the Lord's TITHE		
BETHESDA JR ACADEMY FUND	\$	1	income).	12070 01 11.19	U
BJA MORTGAGE	\$	8	To DEDICATE a regular percentage (%) income as a free will OFFERING to the Lord		
BJA SCHOLARSHIP FUND	\$	WITH G	OD'S HELP:	DATE:	
BUILDING FUND/CAPITAL DEVELOPMENT	\$		STEWARDSHIP MINI	STRIES	
PATHFINDER Donations	\$				
Communications Department	\$			BETHESDA	
Birthday Thank You - Local	\$		Making Minis	stry	
ADVENTURER CLUB Donations	\$		Happen		
More Offering Categories	\$		5 - 10 - 55		
			MTC Plan	1	



Mid-week prayer meetings continues with the new series Last Days Events

Wednesdays @ 7pm EST

"A knowledge of the truth depends not so much upon strength of intellect as upon pureness of purpose, the simplicity of an earnest, dependent faith." — Ellen G. White —





CALL UPON HIM

The Lord is near to all who call on him, to all who call on him in truth Psalm 145:18 (NIV) In need of prayer? Have a prayer request?

Bethesda invites you to join the

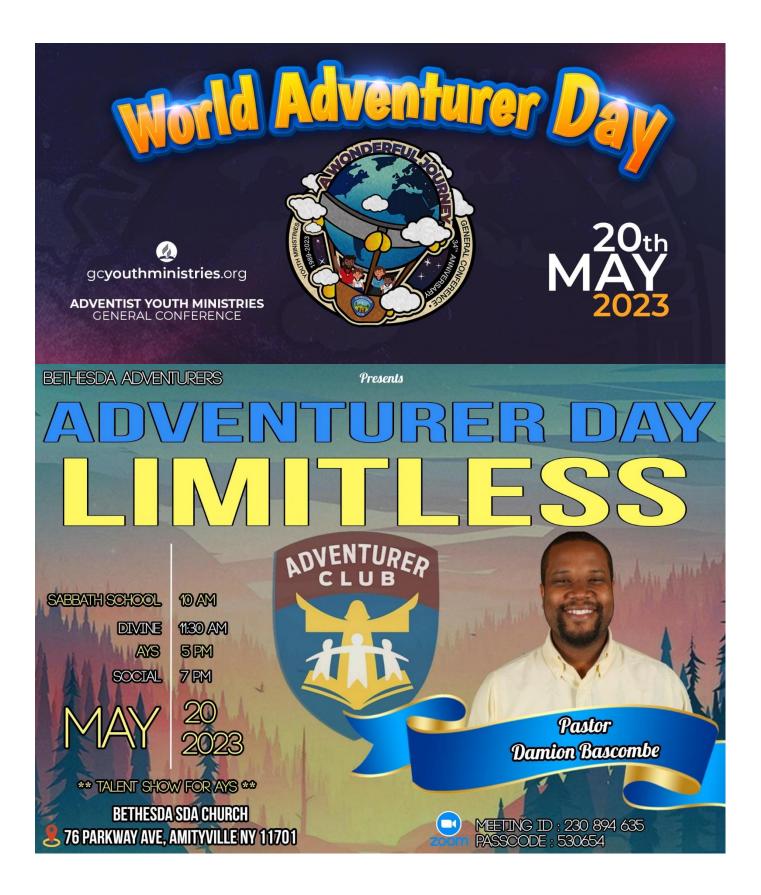


MONDAYS @ 8AM TUESDAYS @ 7:15PM WEDNESDAYS @ 6:15AM THURSDAYS @ 6PM FRIDAYS @ 9AM

Phone: 978-990-5000 Access Code: 336156



Bethesda Seventh-day Adventist Church



Northeastern Adventist Academy – Long Island Campus



Place: Ebenezer SDA Church, 97 Broadway, Freeport, NY 11520 Date: May 27, 2023 | Time: 6:00 pm

Featuring our students

1. Our choir | 2. Orchestra | 3. Soloist | 4. Pianist

An event that you cannot afford to miss! | Admission - Tickets are available, please call 631-842-3321

NortheasternAdventistAcademyLi@gmail.com

Ticket Cost: \$20.00 - Adult. \$10.00 - Child-12 Years. & under. Call or email ^. Tell 12.

My Donation:	\$100.	_\$50.	_\$20.	\$ Other
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ADVENTIST ACADEMY Building Something Better Long Island Campus

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MARK PRENTICE & BETHESDA JR ACADEMY ALUMNI



BETHESDA SDA Church

Looking for an exciting night out? Look no further than our upcoming Funraisng music concert! Join us for an evening of unforgettable performances by talented musicians. Come reunite with Alumni & Friends as we fundraise for the school's Lighted Sign and electronic message board.

> 76 Parkway Ave Amityville NY, 11701 www.naalongisland.org

SOUL CARE BIBLE INSTRUCTION & DISCIPLESHIP

having

SCHEDULE: MAY 6 – AUG. 30, 2023

WORD POWER Global Rain

Virtual Sundays @7:00 pm - via Zoom Hybrid Saturdays @3:00 pm - via Zoom & In-Person



Contact: wordpowergr@gmail.com

Registration QR Code



Facilitator: Rohan K. **Spencer**



RETREAT JULY 21-23, 2023

TRUMBULL MARRIOTT HOTEL



DRS. ROB & ANN CHESTER TREE OF LIFE COUNSELING & CONSULTING SERVICES

REGISTRATION: \$250 PER PERSON LODGING: \$159/NIGHT "TWO PERSONS TO A ROOM

> EARLY BIRD REGISTRATION: \$200 PER PERSON ENDS ON MAY 31

MARRIOTT

REGISTER TODAY AT EVENTS.NORTHEASTERN.ORG/FAMILYLIFERETREAT

JULY 21-23, 2023 TRUMBULL MARRIOTT HOTEL



PASTOR FRANK E. LEGETTE III ALLEGHENY EAST CONFERENCE

REGISTRATION: \$250 PER PERSON LODGING: \$159/NIGHT 'TWO PERSONS TO A ROOM

> EARLY BIRD REGISTRATION: \$200 PER PERSON ENDS MAY 31

MARRIOTT

REGISTER TODAY AT EVENTS.NORTHEASTERN.ORG/FAMILYLIFERETREAT



BOARDING PASS



FROM NEW YORK

TO MONTEGO BAY 26 OCTOBER, 2023 29 OCTOBER, 2023

PASSENGER : YOU ARE INVITED

FLIGHT DATE TERMINAL

NEC WOMEN'S MINISTRIES

JOINS WEST JAMAICA WOMEN'S MINISTRIES

FOR THEIR ANNUAL RETREAT

SAVE THE DATE



NORTHEASTERN CONFERENCE HEALTH MINISTRIES

2023 VIRTUAL HEALTH & WELLNESS EXPO

Ignite Your Health! Ignite Your Life!



SUNDAY JUNE 4TH 11:30AM - 5PM

SPECIAL BONUS SESSIONS:

7:00AM - Aerobic Exercise 7:30AM - Breakfast Cooking Demo

SOME FEATURED BOOTHS

- Hypertension & Diabetes
- Depression & Anxiety
- Addiction Recovery
- Breakfast Cooking Class
- Natural Remedies
- Prayer, Health & Healing Booth
- Children's Health Booth
- Consultation's Booth (Appointment only)
- and more for the entire family!

FOR MORE INFORMATION:

Dilma Rosales | drosales@northeastern.org | 718-291-2565 Dr. Joshua Deonarine | jdeonarine@northeastern.org | 917-979-4794

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# **JOB VACANCY**



### CUSTODIAN/JANITOR JOB DESCRIPTION:

Under the general supervision of the Diaconate Ministry (Head Deacon & Deaconess), the Custodian/Janitor has the primary responsibility for cleaning the following assigned areas of the Bethesda Seventh-day Adventist Church Facilities in such a way that promotes health and safety while reducing the spread of germs and bacteria. It is the role of the custodian/janitor to follow the daily and weekly cleaning schedule at **Bethesda Seventh-day Adventist Church** including, but not limited to the following areas, the **Main Sanctuary, Classrooms, Offices, Bathrooms Dining/Fellowship Hall, Kitchen, Audio/Visual Room, Storage areas and Community Service Pantry, Stairwells, Corridors, Walkways** *(including their windows, doors, furnishing, equipment and appliances)*. The custodian may also be responsible for performing additional duties and tasks not mentioned here. Such duties and tasks are would be specified as an addendum to this description by the Diaconate or pastoral team.

### **Qualifications:**

- Be aware of and respect the beliefs and practices of the Seventh-day Adventist Church
  - Possess basic reading, writing and verbal communication skills.
- Be able to work in an environment that involves interaction with children, elderly and multicultural groups
  - Prove employment eligibility as per USA regulations
  - Complete and pass the Child Abuse training & Background Check

Wage: \$20 Based on (P/T - 25hrs per week) Contact: Email RESUME to : bethesdachurchpastor@gmail.com Church Clerk Bethesda Seventh-day Adventist Church 76 Parkway Ave, Amityville NY 11727



# 21 DAYS DANIEL FAST MEAL PLAN

2 DAY 1

Breakfast: Oatmeal with fruits and nuts Lunch: Lettuce wraps with Hummus and veggies Dinner: Corn chowder soup



Breakfast: Fruit and veggie smoothie Lunch:Corn chowder soup Dinner: Mediterranean salad

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Breakfast: Oatmeal with fruits and nuts Lunch: Mediterranean salad Dinner: Roasted vegetable and grain bowl



Breakfast: Tropical fruit and nut bowl Lunch: Salad or extra whole-grain bowl Dinner: Lentil soup

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|       |
| 10.00 |

9

DAY

Breakfast: Breakfast potatoes Lunch: Lentil soup Dinner: Stuffed portabella mushroom caps

Breakfast: Fruit and veggie smoothie Lunch: Lettuce wraps with beans and veggies Dinner: Vegetable stir fry with brown rice



Breakfast: Harvest fruit and nut bowl Lunch: Extra stir fry and brown rice Dinner: Southwest salad

### SAMPLE WALKING PROGRAM

• Walking is low impact, can tone your muscles, relax your mind, & strengthen your back.

- · Pass the talk test. If you can't talk while walking, you are exercising too hard. Slow down.
- Wear bright clothing. Strive to be seen, not part of an accident scene.
- Walk up hills if you need to increase the intensity of your walking program

|         | Warm Up     | Target HR Zone       | Cool Down   | Total Tim |
|---------|-------------|----------------------|-------------|-----------|
| Week 1  | Walk 5 min. | Walk briskly 5 min.  | Walk 5 min. | 15 min.   |
| Week 2  | Walk 5 min. | Walk briskly 7 min.  | Walk 5 min. | 17 min.   |
| Week 3  | Walk 5 min. | Walk briskly 9 min.  | Walk 5 min. | 19 min.   |
| Week 4  | Walk 5 min. | Walk briskly 11 min. | Walk 5 min. | 21 min.   |
| Week 5  | Walk 5 min. | Walk briskly 13 min. | Walk 5 min. | 23 min.   |
| Week 6  | Walk 5 min. | Walk briskly 15 min. | Walk 5 min. | 25 min.   |
| Week 7  | Walk 5 min. | Walk briskly 18 min. | Walk 5 min. | 28 min.   |
| Week 8  | Walk 5 min. | Walk briskly 20 min. | Walk 5 min. | 30 min.   |
| Week 9  | Walk 5 min. | Walk briskly 23 min. | Walk 5 min. | 33 min.   |
| Week 10 | Walk 5 min. | Walk briskly 26 min. | Walk 5 min. | 36 min.   |
| Week 11 | Walk 5 min. | Walk briskly 28 min. | Walk 5 min. | 38 min.   |
| Week 12 | Walk 5 min. | Walk briskly 30 min. | Walk 5 min. | 40 min.   |

Week 13 and on: Check your pulse periodically to see if you are exercising within your target heart rate. As you become more fit, try exercising within the upper range your target. Gradually increase your brisk walking time to 30 - 60 minutes, 3-4 times a week. Remember that your goal is to get the benefits you are seeking and enjoy your activity.



## Seventh-day Adventist Seliefs Summary

Seventh-day Adventists accept the Bible as the only source of our beliefs. We consider our movement to be the result of the Protestant conviction Sola Scriptura—the Bible as the only standard of faith and practice for Christians.

This statement is a condensed summary of the <u>28 fundamental beliefs</u> held by the Seventh-day Adventist Church.

#### GOD

We believe that God loves. God is love, power, and splendor—and God is a mystery. His ways are far beyond us, but He still reaches out to us. God is infinite yet intimate, three yet one, all-knowing yet all-forgiving.

#### HUMANITY

We believe that God creates. From neurons to nebulae, DNA to distant galaxies, we are surrounded by wonder. Yet the beauty is broken.

#### SALVATION

We believe that God redeems. Love. Harmony. Perfection. Once, all creation sang the same glorious song.

### CHURCH

We believe that God inhabits. Jesus left His followers with an epic mission: tell the world of His love and His promise to return. Also, they should love people the way He loved them.

#### LIVING

We believe that God transforms. God's law in the Ten Commandments show us how to live and make clear our need for Jesus. Though the law shows us the path to follow and convicts us of sin, it's about far more than just toeing the line.

### APOCALYPSE

We believe that God triumphs. From the Garden of Eden to the Tower of Babel, the destruction of Sodom to the Exodus from Egypt, God has always investigated before taking action.

