



**BETHESDA**

*Seventh-day Adventist Church*  
HOUSE OF MERCY

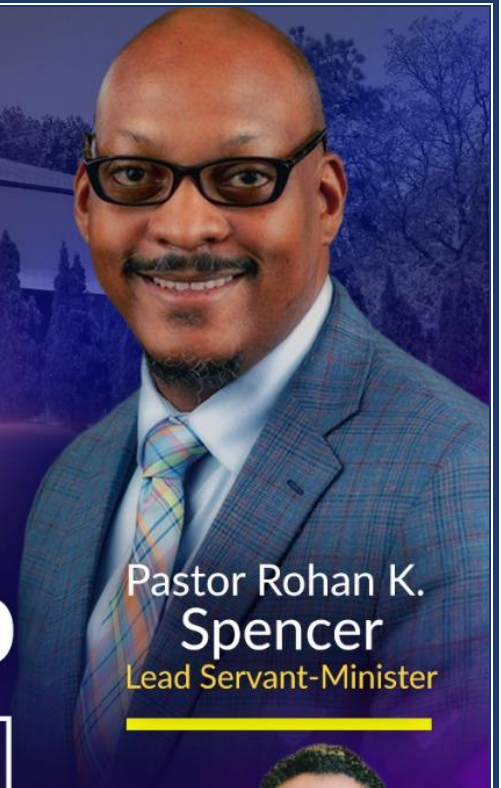
*Invites you to our*



# Hybrid Majestic Worship

**HEALING - HOPE - HAPPINESS**

- ▷ SABBATHS @10:00 AM - **STUDY**
- ▷ SABBATHS @11:30 AM - **WORSHIP**
- ▷ SABBATHS @04:00 PM - **YOUTH**
- ▷ WEDNESDAYS @7:00 PM - **PRAYER**



Pastor Rohan K.  
Spencer  
Lead Servant-Minister



Nita  
Ditele-Bourgeois  
Lead Elder



76 Parkway Avenue,  
Amityville, NY 11701

You Tube



zoom

ID: 230 894 635  
PW: 530654



**NORTHEASTERN CONFERENCE**  
OF SEVENTH-DAY ADVENTISTS



connect.  
**grow.**  
serve.  
Stewardship-A Way of Life.



## Pastoral Page

### PASTORAL COUNSELING OFFICE HOURS:

- Sundays @9:30 am – 12:00 pm - Church Ministries Consultation
- Wednesdays @5:30 pm – 7:00 pm - Pre-Marital & Marriage Counseling
- Thursdays @5:30 pm – 7:00 pm - Bible Studies & Individual Counseling

**Click Link to schedule Zoom Session:** *(Waiting Room is Activated for Individual Privacy)*

<https://calendly.com/wordpowergr/30min>

**OUR STEWARDSHIP GOAL:** Every Believer blessed, prospering and returning a **faithful Tithe** of **10%** of gross income, contributing an additional **5%** in **Offering** in support local church mission and passionately servicing as ministry volunteers using their spiritual gifts & talents to impact individuals for Jesus Christ. Also, to support the **55<sup>th</sup> Anniversary** Capital Development Campaign of **\$55,000** each year for the next three years.

### SERVICES & MINISTRY PROGRAMS OF CHURCH:

SATURDAYS		Format
Sabbath School	10:00 am – 11:15 am	Hybrid
Worship Service Experience	11:30 am – 01:30 pm	Hybrid
Adventist Youth Ministry	05:30 pm – 07:00 pm (summer) 0:400 pm – 06:00pm (winter)	In-Person
Adventurers Ministry (Ages 3-9)	02:00 pm – 03:30 pm	In-Person
SUNDAYS		
Pathfinders Ministry (Ages 10-15)	10:00 am – 01:00 pm	In-Person
WEDNESDAYS		
Mid-Week Prayer & Praise Service	07:00 pm – 08:00 pm	Virtual
Fasting & Prayer	First Wednesdays	Remote

### PREACHING CALENDAR

SABBATH WORSHIP SERVICE			
APRIL	01	Pastor Josie Frampton	Health & Wellness Ministry
	08	Pastor Rohan K. Spencer	Evangelism
	15	Elder Irvine Henry	Men's Day
	22	Evangelist Leroy Stamp	LI-Q PM Federation Rally
	29	Dr. Eldeen King	Families & Friends Sabbath

# Church Monthly Financial Summary

January - December 2023

## March 2023 Giving Summary Totals

**Tithe:** \$39,311.93

*\*Tithe received by the local congregation is sent on to the local conference, overseeing and administering mission in Connecticut, Maine, New Hampshire, New York, Rhode Island, and the Commonwealth of Massachusetts.*

**Offering:** \$14,796.95

*\*Offerings remain at local church for ministry, expenses etc.*

Church Monthly Budget Target (Annual Budget \$252k)	\$21,000.00
Received in March	\$14,796.95
Surplus/Shortfall for February	\$(6,203.05) <i>shortfall</i>

*\*School Mortgage totals \$8,746.59/mth addition to BSDA monthly financial commitments (mortgage maturity date: 10/2024; original loan amount: \$1,040,000)*

*\*All Northeastern Conference Churches are to remit monthly to the Conference, two and a half percent (2.5%) from their monthly combined budget (local giving) for Education (voted by the NEC Executive Committee, effective July 1, 2022).*

## Capital Development Fund Campaign (update):

*\*Funds towards physical plant improvements/repairs*

Annual Target (\$55,000)	\$55,000.00
Received to date (*YE 2023)	\$4,351.07
Percent (%) to target (**YE 2023)	7.9%

## Ways to Give:

- Offering Plate
- Give Online: available at <https://adventistgiving.org>
- Adventist Giving App: For easy, secure giving.

Remember to label your tithe & offerings on the tithe envelope.

# Sabbath School

April 8, 2023 @ 10:00am – 11:15am

Musical Praise ..... Sis. Tamieka Burke  
Superintendent Remarks ..... Sis. Tamieka Burke  
Opening Song ..... *Hymn # 602 – “What a Wonderful Savior”*  
Scripture ..... Proverbs 25:28  
Prayer ..... Congregation  
Personal Growth ..... *“Importance of Exercising Self-Control”*  
Mission Report ..... Sis. Audrey Powell  
Lesson Study ..... Elder Fritzroy Golding  
Superintendent Remarks ..... Sis. Tamieka Burke  
Musical Praise ..... Sis. Malva Nembhard  
Closing Prayer ..... Deacon Patrick Morgan

## Personal Witnessing Highlights:

*“Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup>teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age.”* **Matthew 28:19-20**

- 1. Be True to who God wants you to Be**
- 2. Begin with a Genuine Concern for people’s Wellbeing**
- 3. Be Delighted to share your personal experience with Jesus**
- 4. Begin Where People Are and take them to**
- 5. Be of genuine Help to Someone**

# Sabbath Worship Experience

April 8, 2023 @ 11:30am – 1:30pm

**“Enter His Gates with Thanksgiving and His Courts with Praise; Give Thanks to Him and Praise His Name.” Psalm 100:4**

Announcements..... Church Clerk

Call to Worship & Invocation ..... Elder Nita Ditele-Bourgeois  
*“Praise God from Whom All Blessings Flow”*

Pastoral Greetings..... Pastor Rohan K. Spencer

Hymn of Praise ..... *Hymn 294: “Power in the Blood”* ..... Praise Team & Congregation

Scripture Reading ..... *Exodus 26:3135* .....

Offertory ..... *The Faithful Steward* .....

Musical Feast..... Congregation & Praise Team

Intercessory Prayer..... *Hymn #290 - “Turn your Eyes upon Jesus”* ..... Elder Nita Ditele-Bourgeois

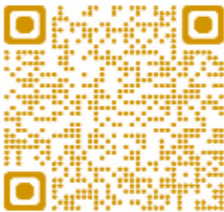
Song of Meditation ..... Abigail, JoJo & Naomi Decade

Spoken Word ..... *“Access through the Veil”* ..... Pastor Rohan K. Spencer

Altar Hymn ..... *Hymn #412 - “Cover with His Life”* ..... Praise Team & Congregation

Benediction..... Pastor Rohan K. Spencer

*Thank You for Sharing in Worship*



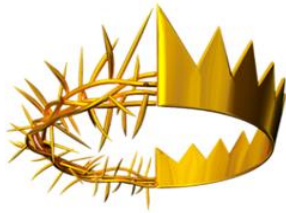
## Personal Response to the Love of God

- ☐ I Desire Baptism through faith in Jesus Christ
- ☐ I Desire Bible Studies Leading to baptism
- ☐ My Child/Children Desire/s Bible Studies leading to Baptism
- ☐ I Desire Prayer & Bible Counseling to help me overcome Challenge/s for My Baptism





Adventist Giving



connect.  
**grow.**  
serve.  
Stewardship-A Way of Life.



## Bethesda Seventh-day Adventist Church

76 Parkway Ave Amityville, NY

**GOD FIRST**

One-time donation | Recurring donation

### Tithe

*Personal Giving Plan* recommends: 10% ?

Tithe/Diezmo/Dime

### Local Church

*Personal Giving Plan* recommends: 3-5% ?

COMBINED BUDGET

SABBATH SCHOOL EXPENSE

BETHESDA JR ACADEMY FUND

BJA MORTGAGE

BJA SCHOLARSHIP FUND

BUILDING FUND/CAPITAL DEVELOPMENT

PATHFINDER Donations

Communications Department

Birthday Thank You - Local

ADVENTURER CLUB Donations

[More Offering Categories...](#)

## I PROMISE:



To **SET APART** the first moments of each day to commune with the Lord in **PRAYER**, through the Bible, Spirit of Prophecy and Sabbath School lesson study, and **FAMILY WORSHIP**.



To **IMPROVE** my **RELATIONSHIPS**: growing in faithfulness, forgiveness and loving by principle.



To **ESTABLISH** one new **HEALTHY HABIT**, to better worship the Lord with my mind: \_\_\_\_\_



To **OFFER** one day (or evening) each week to **WORK** for God, spreading the good news to others through Bible Studies, small groups, etc. (TMI).



To **KEEP** the **SABBATH**, preparing for it accordingly on Friday, keeping its limits, right thoughts and activities.



To **FAITHFULLY RETURN** the Lord's **TITHE** (10% of my income).



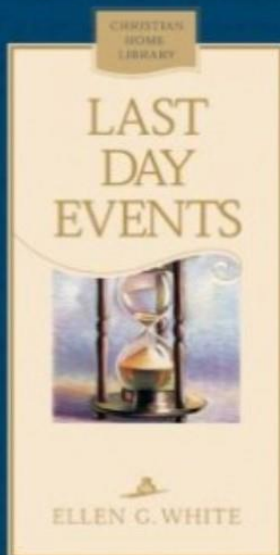
To **DEDICATE** a regular percentage (\_\_\_\_%) of my income as a free will **OFFERING** to the Lord.

WITH GOD'S HELP: \_\_\_\_\_ DATE: \_\_\_\_\_



STEWARDSHIP MINISTRIES





Mid-week prayer meetings  
continues with the new series

## Last Days Events

Wednesdays @ 7pm EST

"A knowledge of the truth depends not so much upon strength of intellect as upon pureness of purpose, the simplicity of an earnest, dependent faith."

— Ellen G. White —



Zoom ID: 230894635  
Passcode ID: 530654



# CALL UPON HIM

*The Lord is near to all who call on him, to all who call on him in truth Psalm 145:18 (NIV)*

In need of prayer?  
Have a prayer request?

Bethesda invites you to join the

## Prayer Line

MONDAYS @ 8AM  
TUESDAYS @ 7:15PM  
WEDNESDAYS @ 6:15AM  
THURSDAYS @ 6PM  
FRIDAYS @ 9AM

**Phone: 978-990-5000**  
**Access Code: 336156**



Bethesda  
Seventh-day  
Adventist Church  
NORTH AMERICAN DIVISION






**NEC WOMEN'S MINISTRIES**  
 THE SOFTER SIDE OF THE GOSPEL  
 HOSTS

# She Stands.

A PARTNER IN PRAYER

## EVERY THURSDAY @ 5 AM

Meeting ID: 821 7735 6417  
 Passcode: WOMEN

Mobile: 646-931-3860  
 Passcode: 643224

*Don't miss your blessing!*

*Galatians 5:1 free*

*strong empowered courageous*

LAY SCHOOL OF **EVANGELISM** PRESENTS

# DISCIPLESHIP

*Through Small Groups*

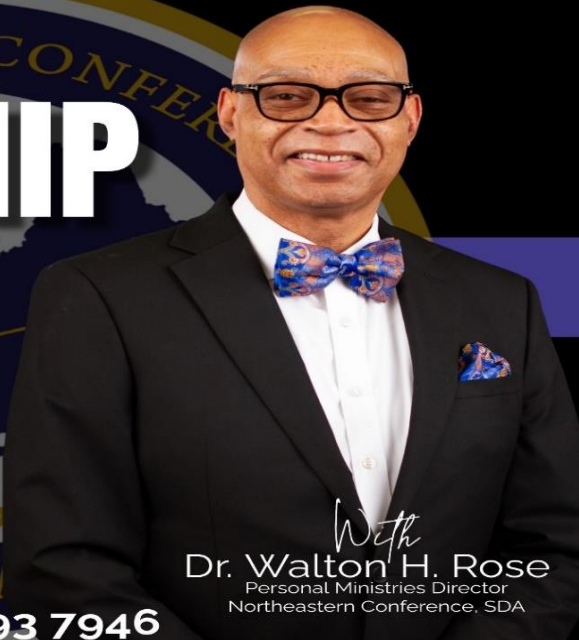
## Saturday

February 11, 2023  
4:00PM - 6:30PM

**UPCOMING WORKSHOP DATES**  
 February 25  
 March 11 & 25  
 April 8

**Zoom Meeting ID: 830 7693 7946**  
**Passcode: 354251**

All meetings will be conducted via zoom and in-person at designated churches



*With*  
**Dr. Walton H. Rose**  
 Personal Ministries Director  
 Northeastern Conference, SDA



# JOB VACANCY



## CUSTODIAN/JANITOR

### JOB DESCRIPTION:

Under the general supervision of the Diaconate Ministry (Head Deacon & Deaconess), the Custodian/Janitor has the primary responsibility for cleaning the following assigned areas of the Bethesda Seventh-day Adventist Church Facilities in such a way that promotes health and safety while reducing the spread of germs and bacteria. It is the role of the custodian/janitor to follow the daily and weekly cleaning schedule at **Bethesda Seventh-day Adventist Church** including, but not limited to the following areas, the **Main Sanctuary, Classrooms, Offices, Bathrooms Dining/Fellowship Hall, Kitchen, Audio/Visual Room, Storage areas and Community Service Pantry, Stairwells, Corridors, Walkways** (including their windows, doors, furnishing, equipment and appliances). The custodian may also be responsible for performing additional duties and tasks not mentioned here. Such duties and tasks are would be specified as an addendum to this description by the Diaconate or pastoral team.

### Qualifications:

- Be aware of and respect the beliefs and practices of the Seventh-day Adventist Church
- Possess basic reading, writing and verbal communication skills.
- Be able to work in an environment that involves interaction with children, elderly and multicultural groups
- Prove employment eligibility as per USA regulations
- Complete and pass the Child Abuse training & Background Check

**Wage: \$20** Based on (P/T - 25hrs per week)

### Contact:

Email **RESUME** to :  
[bethesdachurchpastor@gmail.com](mailto:bethesdachurchpastor@gmail.com)  
Church Clerk  
Bethesda Seventh-day Adventist Church  
76 Parkway Ave, Amityville NY 11727





## 21 DAYS DANIEL FAST MEAL PLAN

### DAY 1

Breakfast: Oatmeal with fruits and nuts  
Lunch: Lettuce wraps with Hummus and veggies  
Dinner: Corn chowder soup

### DAY 2

Breakfast: Fruit and veggie smoothie  
Lunch: Corn chowder soup  
Dinner: Mediterranean salad

### DAY 3

Breakfast: Oatmeal with fruits and nuts  
Lunch: Mediterranean salad  
Dinner: Roasted vegetable and grain bowl

### DAY 4

Breakfast: Tropical fruit and nut bowl  
Lunch: Salad or extra whole-grain bowl  
Dinner: Lentil soup

### DAY 5

Breakfast: Breakfast potatoes  
Lunch: Lentil soup  
Dinner: Stuffed portabella mushroom caps

### DAY 6

Breakfast: Fruit and veggie smoothie  
Lunch: Lettuce wraps with beans and veggies  
Dinner: Vegetable stir fry with brown rice

### DAY 7

Breakfast: Harvest fruit and nut bowl  
Lunch: Extra stir fry and brown rice  
Dinner: Southwest salad

## SAMPLE WALKING PROGRAM

- **Walking** is low impact, can tone your muscles, relax your mind, & strengthen your back.
- **Pass the talk test.** If you can't talk while walking, you are exercising too hard.    Slow    down.
- **Wear bright clothing.** Strive to be seen, not part of an accident scene.
- **Walk up hills** if you need to increase the intensity of your walking program

	Warm Up	Target HR Zone	Cool Down	Total Time
Week 1	Walk 5 min.	Walk briskly 5 min.	Walk 5 min.	15 min.
Week 2	Walk 5 min.	Walk briskly 7 min.	Walk 5 min.	17 min.
Week 3	Walk 5 min.	Walk briskly 9 min.	Walk 5 min.	19 min.
Week 4	Walk 5 min.	Walk briskly 11 min.	Walk 5 min.	21 min.
Week 5	Walk 5 min.	Walk briskly 13 min.	Walk 5 min.	23 min.
Week 6	Walk 5 min.	Walk briskly 15 min.	Walk 5 min.	25 min.
Week 7	Walk 5 min.	Walk briskly 18 min.	Walk 5 min.	28 min.
Week 8	Walk 5 min.	Walk briskly 20 min.	Walk 5 min.	30 min.
Week 9	Walk 5 min.	Walk briskly 23 min.	Walk 5 min.	33 min.
Week 10	Walk 5 min.	Walk briskly 26 min.	Walk 5 min.	36 min.
Week 11	Walk 5 min.	Walk briskly 28 min.	Walk 5 min.	38 min.
Week 12	Walk 5 min.	Walk briskly 30 min.	Walk 5 min.	40 min.
<p>Week 13 and on: Check your pulse periodically to see if you are exercising within your target heart rate. As you become more fit, try exercising within the upper range your target. Gradually increase your brisk walking time to 30 – 60 minutes, 3-4 times a week. Remember that your goal is to get the benefits you are seeking and enjoy your activity.</p>				



**NORTHEASTERN**  
ADVENTIST ACADEMY  
BUILDING SOMETHING BETTER

**LONG ISLAND CAMPUS**  
PreK – 8<sup>th</sup> Grade

***“The MASTER’S Plan...  
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76 Parkway Ave  
Amityville, NY 11701  
Tel: (631) 842-3321 | [www.neced.org](http://www.neced.org)



## *Seventh-day Adventist Beliefs Summary*

Seventh-day Adventists accept the Bible as the only source of our beliefs. We consider our movement to be the result of the Protestant conviction Sola Scriptura—the Bible as the only standard of faith and practice for Christians.

This statement is a condensed summary of the 28 fundamental beliefs held by the Seventh-day Adventist Church.

### **GOD**

**We believe that God loves.** God is love, power, and splendor—and God is a mystery. His ways are far beyond us, but He still reaches out to us. God is infinite yet intimate, three yet one, all-knowing yet all-forgiving.

### **HUMANITY**

**We believe that God creates.** From neurons to nebulae, DNA to distant galaxies, we are surrounded by wonder. Yet the beauty is broken.

### **SALVATION**

**We believe that God redeems.** Love. Harmony. Perfection. Once, all creation sang the same glorious song.

### **CHURCH**

**We believe that God inhabits.** Jesus left His followers with an epic mission: tell the world of His love and His promise to return. Also, they should love people the way He loved them.

### **LIVING**

**We believe that God transforms.** God's law in the Ten Commandments show us how to live and make clear our need for Jesus. Though the law shows us the path to follow and convicts us of sin, it's about far more than just toeing the line.

### **APOCALYPSE**

**We believe that God triumphs.** From the Garden of Eden to the Tower of Babel, the destruction of Sodom to the Exodus from Egypt, God has always investigated before taking action.

