BETHESDA Seventh day Adventist Church

Invites you to our

Majestic Worship

Pastor Rohan K. Spencer Lead Servant-Minister

HEALING - HOPE - HAPPINESS

SABBATHS @10:00 AM - STUDY
SABBATHS @11:30 AM - WORSHIP
SABBATHS @04:00 PM - YOUTH
WEDNESDAYS @7:00 PM - PRAYER

TH-DAY ADVEN

Nita Ditele-Bourgeois Lead Elder



76 Parkway Avenue, Amityville, NY 11701



You Tube



F LIVE



https://bethesdany.adventistchurch.org/

Rastoral Rage

PASTORAL COUNSELING OFFICE HOURS:

- Sundays @9:30 am 12:00 pm Church Ministries Consultation
- Wednesdays @5:30 pm 7:00 pm Pre-Marital & Marriage Counseling
- Thursdays @5:30 pm 7:00 pm Bible Studies & Individual Counseling

Click Link to schedule Zoom Session: (Waiting Room is Activated for Individual Privacy) https://calendly.com/wordpowergr/30min

<u>OUR STEWARDSHIP GOAL</u>: Every Believer blessed, prospering and returning a **faithful Tithe** of **10%** of gross income, contributing an additional **5%** in **Offering** in support local church mission and passionately servicing as ministry volunteers using their spiritual gifts & talents to impact individuals for Jesus Christ. Also, to support the **55**th **Anniversary** Capital Development Campaign of **\$55,000** each year for the next three years.

SERVICES & MINISTRY PROGRAMS OF CHURCH:

SATUR	DAYS	Format
Sabbath School	10:00 am – 11:15 am	Hybrid
Worship Service Experience	11:30 am – 01:30 pm	Hybrid
Adventist Youth Ministry	05:30 pm – 07:00 pm(summer)	In-Person
	0:400 pm – 06:00pm (winter)	
Adventurers Ministry (Ages 3-9)	02:00 pm – 03:30 pm	In-Person
SUND	AYS	
Pathfinders Ministry (Ages 10-15)	10:00 am – 01:00 pm	In-Person
WEDNES	SDAYS	
Mid-Week Prayer & Praise Service	07:00 pm – 08:00 pm	Virtual
Fasting & Prayer	First Wednesdays	Remote

PREACHING CALENDAR

SABBATH WORSHIP SERVICE			
	01	Pastor Josie Frampton	Health & Wellness Ministry
Е	08	Pastor Rohan K. Spencer	Evangelism
APRIL	15	Elder Irvine Henry	Men's Day
A	22	Evangelist Leroy Stampp	LI-Q PM Federation Rally
	29	Dr. Eldeen King	Families & Friends Sabbath

Church Monthly Financial Asummary

January - December 2023

February 2023 Giving Summary Totals

Tithe: \$40,186.00

*Tithe received by the local congregation is sent on to the local conference, overseeing and administering mission in Connecticut, Maine, New Hampshire, New York, Rhode Island, and the Commonwealth of Massachusetts.

Offering: \$15,147.10

*Offerings remain at local church for ministry, expenses etc.

Church Monthly Budget Target (Annual Budget \$252k)	\$21,000.00
Received in February	\$15,147.10
Surplus/Shortfall for February	\$(5,852.90) shortfall

*School Mortgage totals \$8,746.59/mth addition to BSDA monthly financial commitments (mortgage maturity date: 10/2024; original loan amount: \$1,040,000)

*All Northeastern Conference Churches are to remit monthly to the Conference, two and a half percent (2.5%) from their monthly combined budget (local giving) for Education (voted by the NEC Executive Committee, effective July 1, 2022).

Capital Development Fund Campaign (update):

*Funds towards physical plant improvements/repairs

Annual Target (\$55,000)	\$55,000.00
Received to date (*YE 2023)	\$2,811.44
Percent (%) to target (**YE 2023)	5.11%

Ways to Give:

- Offering Plate
- Give Online: available at https://adventistgiving.org
- Adventist Giving App: For easy, secure giving.

Remember to label your tithe & offerings on the tithe envelope.

Sabbath School

April 1, 2023 @ 10:00am - 11:15am

Personal Witnessing Highlights:

"Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age." **Matthew 28:19-20**

- 1. Be True to who God wants you to Be
- 2. Begin with a Genuine Concern for people's Wellbeing
- 3. Be Delighted to share your personal experience with Jesus
- 4. Begin Where People Are and take them to
- 5. Be of genuine Help to Someone

April 1, 2023 @ 11:30am - 1:30pm

"Enter His Gates with Thanksgiving and His Courts with Praise; Give Thanks to Him and Praise His Name." Psalm 100:4
Announcements Sis. Sandra Aska
Call to Worship & Invocation
Pastoral Greetings Pastor Rohan K. Spencer
Hymn of Praise Hymn 367: "Rescue the Perishing" Sis. Audrey Powell & Praise Team
Scripture ReadingSis. Donna Bromfield
Children's Story Sis. Oneika and Sis. Sherell
Offertory Elder Fritzroy Golding
Musical Feast Congregation & Praise Team
Intercessory Prayer Hymn #478 - "Sweet Hour of Prayer" Elder Fritzroy Golding
Introduction of Speaker Sis. Audrey Lawes
Song of Meditation Sis. Shanole Aska
Spoken Word "The Mind, Body & Soul Connection" Pastor P. Josie Frampton
Altar Hymn Hymn #612 - "Onward Christian Soldiers" Sis. Lydia Bramwell & Praise Team
Benediction Rohan K. Spencer

Thank You for Sharing in Worship



Personal Response to the Love of God

- □ I Desire Baptism through faith in Jesus Christ
- □ I Desire Bible Studies Leading to baptism
- □ My Child/Children Desire/s Bible Studies leading to Baptism
- □ I Desire Praver & Rihle Counseling to help me overcome Challenge/s for Mv Bantism





	Bethesda 76 Parkway Ave A		enth-day Advent	ist Ch	urch
			GOD FIRS	Т	
One-time dona	tion Recurring donation		I PROMIS	SE	
Tithe Personal Giving Plan recommends: 10%	0	0	To SET APART the first moments of each d commune with the Lord in PRAYER, throug Spirit of Prophecy and Sabbath School less and FAMILY WORSHIP.	gh the Bible,	
Tithe/Diezmo/Dîme	\$	0	To IMPROVE my RELATIONSHIPS: growing faithfulness, forgiveness and loving by prir		
Local Church		z	To ESTABLISH one new HEALTHY HABIT, t worship the Lord with my mind:	o better	
Personal Giving Plan recommends: 3-5	% 🕜	6	To OFFER one day (or evening) each week for God, spreading the good news to other Bible Studies, small groups, etc. (TMI).		
COMBINED BUDGET	\$		To KEEP the SABBATH , preparing for it acc Friday, keeping its limits, right thoughts an		
SABBATH SCHOOL EXPENSE	\$		To FAITHFULLY RETURN the Lord's TITHE		
BETHESDA JR ACADEMY FUND	\$	1	income).	12070 01 11.19	U
BJA MORTGAGE	\$	8	To DEDICATE a regular percentage (%) income as a free will OFFERING to the Lord		
BJA SCHOLARSHIP FUND	\$	WITH G	OD'S HELP:	DATE:	
BUILDING FUND/CAPITAL DEVELOPMENT	\$		STEWARDSHIP MINI	STRIES	
PATHFINDER Donations	\$				
Communications Department	\$			BETHESDA	
Birthday Thank You - Local	\$		Making Minis	stry	
ADVENTURER CLUB Donations	\$		Happen		
More Offering Categories	\$		5 - 10 - 55		
			MTC Plan	1	

Bethesda Seventh-Day Adventist Church Health Ministry Department

Presents

SPIRITUALIT THE MIND, BODY & SOUL CONNECTION

Come Out & Join Us

Sabbath School 10am **Divine Service** AYS

1ST APR 2023

~Lunch will be served ~

Bethesda SDA Church ~76 Parkway Ave. Amityville, NY 11701

11:30am

4pm

Pastor

Josian Grampton

Meeting ID: 230 894 635 Password: 530654



Mid-week prayer meetings continues with the new series Last Days Events

Wednesdays @ 7pm EST

"A knowledge of the truth depends not so much upon strength of intellect as upon pureness of purpose, the simplicity of an earnest, dependent faith." — Ellen G. White —





CALL UPON HIM

The Lord is near to all who call on him, to all who call on him in truth Psalm 145:18 (NIV) In need of prayer? Have a prayer request?

Bethesda invites you to join the



MONDAYS @ 8AM TUESDAYS @ 7:15PM WEDNESDAYS @ 6:15AM THURSDAYS @ 6PM FRIDAYS @ 9AM

Phone: 978-990-5000 Access Code: 336156



Bethesda Seventh-day Adventist Church

SINGLE'S MINISTRY FUNDRAISER **COME & JOIN US FOR OUR FUN-FILLED** GAME NIGHT ALL ARE WELCOME!

PR 15C 2023

SATURDAY @ 6:30pm

P.S. Be ready to contribute to the fundraiser

BETHESDA SDA CHURCH 76 PARKWAY AVE. AMITYVILLE, NY

1120



meetings will be conducted via zoon in-person at designated churches

NORTHEASTERN CONFERENCE F SEVENTH-DAY ADVENTISTS REASURY & RISK MANAGEMENT

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WTH-DAY AS

31st - APRIL 2nd H STERN CONFERE CAMP VICTORY LAKE

CRUM ELBOW RD 277

REGISTRATION STARTS AT: 4:00 PM REGISTRATION FEE: \$99.99 includes 5 meals FOR HOTEL ACCOMODATIONS CONTACT CVL: ROOM BOOKINGS: 845-229-8851

FOR MORE INFOMATION & TO REGISTER:

HTTPS://EVENTS.NORTHEASTERN.ORG/TREASURYANDRISKMANAGEMENTWORKSHOP





CUSTODIAN/JANITOR

JOB DESCRIPTION:

Under the general supervision of the Diaconate Ministry (Head Deacon & Deaconess), the Custodian/Janitor has the primary responsibility for cleaning the following assigned areas of the Bethesda Seventh-day Adventist Church Facilities in such a way that promotes health and safety while reducing the spread of germs and bacteria. It is the role of the custodian/janitor to follow the daily and weekly cleaning schedule at **Bethesda Seventh-day Adventist Church** including, but not limited to the following areas, the **Main Sanctuary, Classrooms, Offices, Bathrooms Dining/Fellowship Hall, Kitchen, Audio/Visual Room, Storage areas and Community Service Pantry, Stairwells, Corridors, Walkways** *(including their windows, doors, furnishing, equipment and appliances)*. The custodian may also be responsible for performing additional duties and tasks not mentioned here. Such duties and tasks are would be specified as an addendum to this description by the Diaconate or pastoral team.

Qualifications:

- Be aware of and respect the beliefs and practices of the Seventh-day Adventist Church
- Possess basic reading, writing and verbal communication skills.
- Be able to work in an environment that involves interaction with children, elderly and multicultural groups
- Prove employment eligibility as per USA regulations
- Complete and pass the Child Abuse training & Background Check

Wage: \$20 Based on (P/T - 25hrs per week)

Contact: Email RESUME to :

bethesdachurchpastor@gmail.com Church Clerk Bethesda Seventh-day Adventist Church 76 Parkway Ave, Amityville NY 11727



21 DAYS DANIEL FAST MEAL PLAN

2 DAY 1

Breakfast: Oatmeal with fruits and nuts Lunch: Lettuce wraps with Hummus and veggies Dinner: Corn chowder soup



Breakfast: Fruit and veggie smoothie Lunch:Corn chowder soup Dinner: Mediterranean salad

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Breakfast: Oatmeal with fruits and nuts Lunch: Mediterranean salad Dinner: Roasted vegetable and grain bowl



Breakfast: Tropical fruit and nut bowl Lunch: Salad or extra whole-grain bowl Dinner: Lentil soup

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Breakfast: Breakfast potatoes Lunch: Lentil soup Dinner: Stuffed portabella mushroom caps

DAY 6

Breakfast: Fruit and veggie smoothie Lunch: Lettuce wraps with beans and veggies Dinner: Vegetable stir fry with brown rice

DAY 7

Breakfast: Harvest fruit and nut bowl Lunch: Extra stir fry and brown rice Dinner: Southwest salad

SAMPLE WALKING PROGRAM

• Walking is low impact, can tone your muscles, relax your mind, & strengthen your back.

- · Pass the talk test. If you can't talk while walking, you are exercising too hard. Slow down.
- Wear bright clothing. Strive to be seen, not part of an accident scene.
- Walk up hills if you need to increase the intensity of your walking program

	Warm Up	Target HR Zone	Cool Down	Total Tim
Week 1	Walk 5 min.	Walk briskly 5 min.	Walk 5 min.	15 min.
Week 2	Walk 5 min.	Walk briskly 7 min.	Walk 5 min.	17 min.
Week 3	Walk 5 min.	Walk briskly 9 min.	Walk 5 min.	19 min.
Week 4	Walk 5 min.	Walk briskly 11 min.	Walk 5 min.	21 min.
Week 5	Walk 5 min.	Walk briskly 13 min.	Walk 5 min.	23 min.
Week 6	Walk 5 min.	Walk briskly 15 min.	Walk 5 min.	25 min.
Week 7	Walk 5 min.	Walk briskly 18 min.	Walk 5 min.	28 min.
Week 8 Walk 5 min.		Walk briskly 20 min.	Walk 5 min.	30 min.
Week 9	Walk 5 min.	. Walk briskly 23 min.	Walk 5 min.	33 min.
Week 10	Walk 5 min.	Walk briskly 26 min.	Walk 5 min.	36 min.
Week 11	Walk 5 min.	Walk briskly 28 min.	Walk 5 min.	38 min.
Week 12	Walk 5 min.	Walk briskly 30 min.	Walk 5 min.	40 min.

Week 13 and on: Check your pulse periodically to see if you are exercising within your target heart rate. As you become more fit, try exercising within the upper range your target. Gradually increase your brisk walking time to 30 - 60 minutes, 3-4 times a week. Remember that your goal is to get the benefits you are seeking and enjoy your activity.



Seventh-day Adventist Beliefs Summary

Seventh-day Adventists accept the Bible as the only source of our beliefs. We consider our movement to be the result of the Protestant conviction Sola Scriptura—the Bible as the only standard of faith and practice for Christians.

This statement is a condensed summary of the <u>28 fundamental beliefs</u> held by the Seventh-day Adventist Church.

GOD

We believe that God loves. God is love, power, and splendor—and God is a mystery. His ways are far beyond us, but He still reaches out to us. God is infinite yet intimate, three yet one, all-knowing yet all-forgiving.

HUMANITY

We believe that God creates. From neurons to nebulae, DNA to distant galaxies, we are surrounded by wonder. Yet the beauty is broken.

SALVATION

We believe that God redeems. Love. Harmony. Perfection. Once, all creation sang the same glorious song.

CHURCH

We believe that God inhabits. Jesus left His followers with an epic mission: tell the world of His love and His promise to return. Also, they should love people the way He loved them.

LIVING

We believe that God transforms. God's law in the Ten Commandments show us how to live and make clear our need for Jesus. Though the law shows us the path to follow and convicts us of sin, it's about far more than just toeing the line.

APOCALYPSE

We believe that God triumphs. From the Garden of Eden to the Tower of Babel, the destruction of Sodom to the Exodus from Egypt, God has always investigated before taking action.

